



Practicing Incarnational Love

Opening music
Words below

Stephen Iverson

Gathering

Nancy Wiens

Gleanings from Our Practice

Paired Sharing

~When did you feel freedom from scarcity, where you could sense that what you had was enough for the situation at hand?

~When did you feel scarcity?

On Earth As It Is in Heaven

Words to Consider

Brené Brown & David Hawkins

Contemplation & Music

Holding our Humanity Together

Collaboration

Question to Live

~What supports courage in you? What does force look like in your life?

Invitation to Practice

~Return to a moment in the day when you showed up with courage, and savor it.

Closing music

Blessing the World

Grace & Peace be with you

Music

Kindle your Spirit in our lives, filling us with you fire.
Kindle your Spirit in the world, filling us with your fire.

Oh Guiding Light, come be here now.
Fill our hearts up with heaven,
as we build heaven here on earth.
See our needs, and grant to us all your grace,
as gracefully we forgive with heaven in our
hearts and thanks on our lips.

Keep our thoughts, keep our eyes on good.
Keep us safe, as for justice we strive.
We long to be your hands and your voice,
for your way of peace and of love is the only
way for us.
Amen

Though it isn't much, this is what I know
There's Holy Rhythm, there's a sacred flow

When I live in the state of love, there's only kindness in
me
When I choose the way of love, compassion bursts out
from me
I don't need to dream, I have everything
When I live in the state of love, a fearlessness takes
over me

It must be a passion every day
It must come from thanks for this green earth
It must include every living thing, all life has great worth

It mustn't expect love in return, not everyone chooses
this way

Just know that fear has gripped some hearts,
And hear what they say

Look at your family at home, they need especially your
grace
So many things can be resolved with a tender embrace

The wise bring peace everywhere they go
The wise don't judge, the wise don't blame
Time changes nearly everything, only love stays the
same

Our past is nothing but a blur, just a confusing worn out
place
Forgive everyone, forgive yourself, and claim your grace

Sung Response:

You are not alone. You are not alone.
God is always with you, and we will walk beside you.

Let us live in justice, love in mercy
Dwell in God, with a humble heart.

Music Written & Performed by Stephen Iverson, Available on iTunes & Spotify

Words to Consider, Brené Brown & David Hawkins

Guided by Nancy S. Wiens, EmergenceInitiatives.com

Engage with Indigenous Revitalization, beginning with where you live, <https://native-land.ca>